

A decorative border of stylized tropical leaves in shades of teal and pink surrounds the text.

# GROUP HOME ACTS OF KINDESS

"Try to be a rainbow in someone else's  
cloud"

DAY 1 - TELL STAFF SOMETHING YOU LIKE  
ABOUT THEM

DAY 2 - CALL A FAMILY MEMBER OR FRIEND  
AND TELL THEM YOU ARE THANKFUL FOR THEM

DAY 3 - HELP OUT WITH CHORES AROUND  
YOUR GROUP HOME

DAY 4 - ASK STAFF WHAT YOU CAN HELP  
THEM WITH

DAY 5 - CALL THE MAIN OFFICE AND TELL  
THEM A JOKE

DAY 6 - DRAW A PICTURE OR WRITE A LETTER  
FOR A HOUSEMATE

DAY 7 - DO 1 KIND THING FOR THE PERSON  
OF YOUR CHOICE